

## CURRICULUM VITAE

### **BOLAJOKO OPEYEMI OREOLUWA (NEE AJINAJA)**

#### **PERSONAL INFORMATION**

Date of Birth: 27<sup>th</sup> January, 1982.  
Place of Birth: Owo.  
Age: 38 years  
Sex: Female  
Marital Status: Married  
Nationality: Nigerian.  
Town and State of Origin: Owo, Ondo State.  
Contact Address: Department of Nutrition and Dietetics,  
College of Food Science and Human Ecology,  
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Designation: Lecturer II

#### **EDUCATION BACKGROUND**

##### **i. Educational institutions attended (with dates) Dates**

Federal University of Agriculture Abeokuta	2015-2019
Federal University of Agriculture Abeokuta.	2010-2014
University of Nigeria Teaching Hospital, Itiku-Ozalla, Enugu State.	2006-2007
The University of Nigeria, Nsukka.	2000-2005
St. John/Mary's Unity Secondary School, Owo.	1992-1998

##### **ii. Academic and professional qualifications (with dates) Dates**

PhD. Nutrition and Dietetics	2019
M.Sc. Nutrition and Dietetics	2014
Test of Professional Competence TOPC (Nigeria Dietetic Association)	2008
B.Sc. Nutrition & Dietetics [Second Class Upper Division]	2005
G.C.E. 'O' Level	1999

##### **(iii) Prizes, Honours, Scholarship, National and International Recognition**

1. Dufil, Prima Nutrition Postgraduate Scholarship Award,	2010-2012
2 Africa Nutrition Leadership Programme (ANLP)	2016
3 Tertiary Education trust fund (TetFund)	2017-2018
4 Cancer of the Prostrate Transatlantic Consortium (CaPTC) African Behavioral Research Scholar (ABeR)	2018-2019
5 Orange knowledge Programme fellowship (The Netherlands)	2019

#### **PROFESSIONAL/CLINICAL EXPERIENCE**

**University of Nigeria Teaching Hospital, Enugu.**  
Dietetics Department.  
April 2006-March 2007.

**Job Description:**

Preparation of fluid diet for hospitalized Patients  
Prescription of diets for In-Patients and Out-Patients  
Transcription of prescribed individualized diet for hospital In-Patients  
Dietary counseling and management of hospital In-Patients  
Dietary counseling and management of hospital out-patient including People Living with HIV/AIDS (PLWHA)  
Group dietary counseling in clinics including HIV/AIDS clinic  
Supervision of cooks in the hospital kitchen.

**Dalhatu Araf Specialist Hospital, Lafia, Nasarawa State**

Pediatric Ward

March 2007-February 2008

**Job Description**

Dietary management of hospitalized children  
Dietary counseling and management of hospital Out-Patients  
Prescription of diets for In-Patients and Out-Patients  
Group dietary counseling in clinics including HIV/AIDS clinic

**Careworld Foundation, Abule-Egba, Lagos (NGO)**

Community Nutrition

January 2009 till date

**Job description**

Group dietary counseling of mothers at pediatric immunization clinics at Primary Health Care facilities.  
Facilitation of Food Demonstration Classes for mothers in Primary Health Care Facilities and hospitals.  
Facilitation of Nutrition and Reproductive Health awareness campaign for young people in Secondary Schools.  
Facilitation of Nutrition and Health campaign in communities.

**(c) MEMBERSHIP OF LEARNED SOCIETIES/PROFESSIONAL ASSOCIATIONS**

- Member, Nutrition Society of Nigeria (NSN)
- Member, Federation of African Nutrition Societies (FANUS)
- Member, Association of Nigeria Dietitian (AND)
- Member, African Nutrition Leadership program (ANLP)

**TEACHING EXPERIENCE:****(a) Rufus Giwa Polytechnic, Owo, Ondo State**

Department of Nutrition and Dietetics

2010- 2015

**Job description**

Initiating, designing and carrying out researches  
Providing leadership to students in the design of researches and the interpretation of research results.

Effectively communicate research results to the academic community and the public  
Lecture and teach students as assigned.

**(b) Federal University of Agriculture, Abeokuta, Ogun State, Nigeria**

Department of Nutrition and Dietetics

2015 to date

Area of Specialization: Nutrition and Dietetics (Dietetics)

Initiating, designing and carrying out researches

Providing leadership to students in the design of researches and the interpretation of research results.

Effectively communicate research results to the academic community and the public  
Lecture and teach students as assigned.

**RESEARCH:**

**(a) In Progress**

- i. Determinants of fruits and vegetables consumption among urban slum dwellers
- ii. Assessment of food environments and food consumption in rural and urban areas of South western, Nigeria.
- iii. Consumption of Ultra Processed foods and risk of metabolic syndrome among adolescents in Ogun State.

**PUBLICATIONS**

**THESIS/ DISSERTATION**

- (i). \***Ajinaja O.O.** (2005): Food Security and Management of Women of Child-Bearing Age and Their Under-Five Children in the University of Nigeria, Nsukka Campus. B.Sc. Project, Department of Home Science and Nutrition, University of Nigeria, Nsukka.
- (ii). **Bolajoko O.O.** (2014): Assessment of Food Consumption and Nutritional Status of Early Adolescents Attending Junior Secondary Schools in Ondo State. M.Sc. Dissertation, Department of Nutrition and Dietetics, Federal University of Agriculture, Abeokuta, Ogun State, Nigeria.
- (iii). **Bolajoko O.O.** (2019): Nutritional status and Metabolic responses to Work Stress of Health Workers in Ogun State. Ph.D Thesis, Department of Nutrition and Dietetics, Federal University of Agriculture, Abeokuta, Ogun State, Nigeria.

\* Ajinaja (Maiden name)

**JOURNAL ARTICLES IN PRINT**

- Bolajoko O.O.**, Olanrewaju I.O. and Akingboye Ololade. (2018) Evaluation of Dietary Adherence and Body Mass Index of Diabetics Attending Medical Outpatient Clinic of Federal Medical Centre, Idi Aba, Abeokuta, Ogun State. *Nigerian Journal of Nutritional Sciences*. Vol. 39 No 1. 59-67.
- Folahan O.O., **Bolajoko O.O.** and Aleshinloye A.O (2017) Heamatological Response of Wister Rat to *Occimum Gratisimum* Extract. IOSR Journal of Environmental Science, Toxicology and Food Technology (IOSR-JESTFT). 11(12). 38-42
- Bolajoko opeyemi O**, Olaleru Tolulope and Akinsanya Olubunmi B (2016) Sodium Levels and Salty Food Consumption Pattern among Undergraduate of the Federal University of agriculture, Abeokuta, Ogun State. Nigerian Journal of Nutritional Sciences. Vol. 37 No 2. 140-145.
- Mustapha R. A., Ogundahunsi G. A., Olanrewaju O. I. and **Bolajoko O. O.** (2014). Effect of Packaging Materials on Nutrients, Phytochemicals and Sensory Attributes of Moimoi. Nigerian Journal of Nutritional Sciences. Vol. 35 No 1. 97-103.
- Opeyemi Bolajoko**, G. A. Ogundahunsi, OlaideFolahan, B.A. Odugbemi and Olanike Alakuro(2014) Nutrient Adequacy of Foods Eaten by Students Attending Boarding and Day Secondary Schools in Owo *Current Research in Nutrition and Food Science* Vol. 2(2), 84-87
- Razaq A. Mustapha, **Opeyemi Bolajoko** and O. O. Akinola (2014) Omega -3 and Omega-6 Fatty Acids Potential of Smoked and Boiled Catfish (*Clarias gariepinus*) *Current Research in Nutrition and Food Science* Vol. 2(2), 94- 97.
- Ademulegun, T.I. and **Bolajoko, O.O.** (2013). Practice of Exclusive Breastfeeding among Urban and Rural Mothers in Selected Communities in Ondo State. Journal of Dietitians Association of Nigeria
- Mustapha, R.A. and **Bolajoko, O.O.** (2013). Nutrient Intake and Nutritional Status of Pregnant Women in Rural Communities of Owo Local Government Area, Ondo state, Nigeria. . Journal of Dietitians Association of Nigeria
- Bolajoko, O.O.** and Folahan O.O. (2013). The Comparative Study of the Nutrient Intakes of Pregnant Women Attending Anti-natal in Hospital and Traditional Birth Homes in Owo, Ondo State, Nigeria *Journal of Pharmacy and Biological Sciences*.
- Mustapha, R.A., **Bolajoko, O.O.** (2013). Growth Pattern and Nutritional Status of Under-five Children in Owo Local Government Area of Ondo State, Nigeria *Journal of Pharmacy and Biological Sciences*. Vol.5 (4):106-109
- Mustapha, R.A., **Bolajoko, O.O.**, Hammed, I.A., Akinola, O.O. (2012). Perceived social benefits, Effects of cigarette smoking and alcoholic beverages consumption on

nutritional status of road transport workers in Lagos. *Journal of Pharmacy and Biological Sciences*, vol.3 (1):14-18

**Bolajoko, O.O.**, and Ogundahunsi, G.A. (2012) The Effect of Child Care and Feeding Practices on the Nutritional Status of Children of Market Women in Ondo State, Nigeria. *Journal of Pharmacy and Biological Sciences*). Vol.1 (2):22-24

#### **MAJOR CONFERENCES ATTENDED WITH PAPERS READ**

(1). 48<sup>th</sup> Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria on Nutrition Challenges: What Action for Sustainable Development? Held 17<sup>th</sup>-22<sup>nd</sup> September, 2018. Ambrose Alli University, Ekpoma.

(2). 47<sup>th</sup> Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria on Controversies in Nutrition: Separating Facts from Fads and Fallacies. Held 19<sup>th</sup> – 23<sup>rd</sup> Sept., 2017. University of Ibadan, Oyo State

Paper read: Knowledge, Attitudes and Practices of Consumers Regarding Food Label and Nutrition Information by **Bolajoko O.O.**, Olayiwola I.O. and Onyekweli-Ugeh Chioma

(3). International Conference on Food Science and Human Ecology (ICOFHEC) & Safety Enhancement of Edible Products, Legislation, Analysis and Management (SELAMAT) on **Delivering Innovative Approaches in Food, Health and Well-being for sustainable Livelihood**. International Conference Centre, Federal University of Agriculture Abeokuta 20<sup>th</sup> – 25<sup>th</sup> Nov, 2016

Paper read: Prevalence of Nutrition Related cases in Hospitalized children by **Bolajoko O. O.** and Onafowokan M.A.

(4). 44<sup>th</sup> National workshop and scientific conference of Institute of Dietetics in Nigeria, held at Babcock University Auditorium, Ilisan Remo, Ogun State. 9<sup>th</sup>-12<sup>th</sup> November, 2015

Paper read: The effect of *occinum graustissimum* on hemoglobin levels of Wister rat by Folahan O.O. and **Bolajoko O. O.**

#### **EXTRA CURRICULAR ACTIVITIES**

- Reading
- Writing
- Cooking
- Travelling

## **REFEREES**

Prof. E. B. Oguntona  
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Federal University of Agriculture, Abeokuta,  
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**Signature**

22/10/19

**Date**