

LECTURE NOTES

COURSE CODE: HSM 207

COURSE TITLE: HOUSEHOLD RESOURCE MANAGEMENT – 2 UNITS.

COURSE SYNOPSIS: Definition, categorization and identification of resources; application of economic concept to household production; limits to household productivity, management concepts and applications to the household ecosystem e.g Ah home, farm, business interfaces; decision making; uncertainty and risk.

LECTURE NOTES

TOPIC I: DEFINITION OF TERMS

- Household.
- Resource
- Management.

Importance of management concepts in man's life.

TOPIC II: CATEGORIZATION OF RESOURCES

- ❖ (i) Human resources; (ii) Non-human resources.
- ❖ Cognitive human resources.
- ❖ Affective human resources.
- ❖ Psychomotor human resources.
- ❖ Temporal resources.

TOPIC III: ECONOMIC RESOURCES

- Wealth.
- Elastic income.
- Fringe benefits.
- Money income.

TOPIC IV: MANAGEMENT PROCESS

- Planning.
- Organizing.
- Implementing.
- Evaluating.

TOPIC V: MANAGEMENT CONCEPTS AND APPLICATION TO HOUSEHOLD TASKS

- Value/value classification.
- Standards.
- Evaluating.

TOPIC VI: CONCEPTUAL FRAMEWORK OF MANAGEMENT PROCESS

TOPIC VII: DECISION – MAKING

- ✓ Components of decision making.
- ✓ Identifying the problem.

- ✓ Obtaining information/formulating courses of action.
- ✓ Considering alternatives.

TOPIC VIII: ENVIRONMENTAL RESOURCES

- Physical environmental resources.
- Social environmental resources.

TOPIC IX: GROUP PRACTICAL WORK ANALYSIS OF A PARTICULAR FAMILY RESOURCES

TOPIC X: CONTINUOUS ASSESSMENT

TOPIC XI: REVISION/TUTORIAL

COURSE CODE: HSM 305

COURSE TITLE: EXTENSION PROGRAMME DEVELOPMENT AND PLANNING IN HOME SCIENCE

COURSE SYNOPSIS: Philosophy and principles of Home Science in Nigeria: role of rural women in Nigeria, agriculture and economic development; factors in Home Science programmes, planning and implementation, coordination with other agencies and organization

LECTURE NOTES

TOPIC I – Introduction to Programme Planning.

1. Meaning of extension programme.
2. Description of field of Home Science.
3. Description of a programmer.

TOPIC II - Justification for Programme in Extension.

- Gives room for clear cut written objectives.
- Provides avenue for continuity.
- Helps extension agents base their activities on needs and interests of client groups.
- Provides basis for cooperation etc.
- Assumptions underlying programme planning in extension education.

TOPIC III – Principles of Programme Planning.

- Careful analysis.
- Needs of people.
- Comprehensiveness.
- Clear objectives.
- Flexibility of programmes.

TOPIC IV – Planning Extension Programmes Appropriate to Rural women.

- ✓ Collation of appropriate data.
- ✓ Must be viewed as part of developing the whole community.
- ✓ Provided with adequate resource at all levels.
- ✓ Must prepare them for involvement in development.
- ✓ Must recognize imbalance in emphasis and resource allocation for working conditions of men and women.
- ✓ Must address health, nutrition and family planning issues in particular communities and countries etc.

TOPIC V – Needs Identification in Extension Programme Planning.

- ✓ Needs classification.
- ✓ Analysis of each class
- ✓ Importance of needs analysis.

TOPIC VI – Target Client Group Identification i.e women, youth, children.

- ✓ Characteristics of each group.
- ✓ Needs for extension programme.

TOPIC VII – Programme Planning Models.

- ✓ Williams model
- ✓ Lester's model
- ✓ Stover's model
- ✓ Resson's model
- ✓ Implication for each model.

TOPIC VIII – Analysis of Elements in Programme Planning Process.

1. Extension teaching objectives.
 - a) Types
 - b) Functions
 - c) Characteristics of good objectives.
2. Barriers to planning suitable programme.

TOPIC IX – Concept of Strategic Planning.

TOPIC X – Tutorials on topic covered.

TOPIC XI – Continuous Assessment test.

COURSE CODE: HSM 307

COURSE TITLE: EXTENSION TEACHING METHODS

COURSE SYNOPSIS: Nature and elements of communication process. Principles of communication. Application of communication process in analysing community problems in extension. The meaning of the concepts of teaching, learning and motivation. Steps and principles of teaching and learning. Extension teaching methods. Preparation and use of teaching materials and aids.

LECTURE NOTES

TOPIC I – Introduction to Rural extension.

- ✓ Definition of extension.
- ✓ Expatiation on what teaching is.
- ✓ Importance of extension.
- ✓ Concept of extension.

TOPIC II – History of Extension activities.

- ✓ Its evolvement in different countries i.e starting from Britain in 1840s, and U.S.A. in early 19th century.
- ✓ Description of extension in different countries.
- ✓ Opinions about meaning of extension.

TOPIC III – Relationship between Extension Education and Rural Development.

- ✚ Description of concept of rural development.
- ✚ Central aims of rural development.

TOPIC IV – Influence of Communication in forming an opinion.

- ✚ Process of effective communication nature and elements of communication process.
- ✚ Functions of media in change process.
 - a) Transferring knowledge.
 - b) Forming and changing opinions.
 - c) Changing behavior.

TOPIC V – Methods of Teaching.

- 1) Definition and aim of teaching.
- 2) Classification of teaching methods.
- 3) Advantages and disadvantage of group.

TOPIC VI – a. preparation of few specific methods.

b. identification and analysis of methods suitable to teach what concept.

TOPIC VII – Learning

- a. Concept of learning.
- b. Various forms of learning.
- c. Reinforcement /learning.
- d. Review of theories of learning.

TOPIC VIII – Concepts of teaching /learning process.

- a. Selection of teaching methods.
- b. Steps in teaching.
 - i. Getting attention of the learner.
 - ii. Stimulating the learner.
 - iii. Arousing the learner's desire.
 - iv. Convincing the learner.
 - v. Getting action from the learner.

TOPIC IX – Analysis of Extension Methods.

- a. Individual contacts.
- b. Demonstration.
- c. Introduction to concept of motivation.

TOPIC X – Types of Motivation.

- ✚ Factors influencing motivation.
- ✚ Introduction to motivational needs.
- ✚ Abraham Maslow's Hierarchy of needs.
- ✚ Methods of influencing human behavior.

TOPIC XI – Term's Paper Presentation of Continuous Assessment.