

UNIVERSITY OF AGRICULTURE, ABEOKUTA
DEPARTMENT NUTRITION AND DIETETICS

NTD 202: COMMUNITY NUTRITION I (3 UNITS)

(1) Food habits and socio-cultural aspects of food.

- Food behavior, taboos and food choice.
- Cultural diversity and behavioural lifestyle that affects the feeding pattern and habit of people, what person eats and accepted.

(2) Factors related to nutrition in Nigeria.

- Income, population, custom and belief system, labour, seasonal variation, prestige and status.

(3) Various parameters used in food consumption survey.

- What is food consumption survey?
- Parameters used in food consumption survey.
- Uses of food consumption survey.
- General problems in food consumption survey.
- Data required in food consumption survey.
- Requirements of the survey.
- Steps in the survey.
- Who should carry out the survey?
- Coverage of the survey.

Methodology, data collection, processing and interpretation of data.