

## **NTD 407: ASSESSMENT OF NUTRITIONAL STATUS (3 UNITS)**

### **(1) Methods of evaluation of Nutritional Status.**

- Anthropometrics methods and standard e.g. NCHS, Harvard, etc.
- Biochemical indices
- Clinical examination.
- Dietary surveys.

### **(2) Nutrition status and Food consumption in Nigeria.**

- Nutrition situation in Nigeria
- Food consumption studies in Nigeria

### **(3) Food composition table.**

- What is food composition table
- Usefulness of food composition table
- Examples of food composition table

### **(4) Body composition determination.**

### **(5) Longitudinal versus cross-sectional studies**

- Definitions of longitudinal study. Give examples
- Definitions of cross-sectional study. Give examples

### **(6) Practical field experiences.**