COURSE CODE: HSM 420

COURSE TITLE: GROWTH AND DEVELOPMENT OF THE YOUNG CHILD II

NUMBER OF UNITS: 2 UNITS

COURSE DURATION:

## COURSE DETAILS:

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Office Location: Department of Home Science and Management

**Other Lecturers:** 

## COURSE CONTENT:

Review of principles and theories of development, language development in the young child, Genetic and peer influences on personality development, Biological and Environmental influences on Sextyped behavior, Emotional factors on personality development, Social development in early childhood-sex-role identity, Internalization, Self control, Aggression and pro-social behavior. Cultural variation in family socialization.

## COURSE REQUIREMENTS:

## **READING LIST:**

# LECTURE NOTES

#### **LECTURE I**

Introduction – Review of principles and theories of development

General concepts and pr inciples of Human Development.

There are some basic concepts in developmental psychology. These are: Growth, Maturation, and Learning.

- a. Growth:- Comprises majorly of the physical development, and this consists of:
  - The stabilization of the skeleton
  - Increase in height and weight
  - Change in size and functional capacity of internal organs of human beings
- b. Maturation:- Refers to a particular level of functional ability. It makes achievement of certain patterns of behavior possible.
- c. Learning: Essentially the relatively permanent modifications in behaviours. This is a change in performance that results from experience, special training, observation and/or exercise.

**General Principles:** These are general principles that govern the understanding of human development. The principles are wholistically rather than independently.

These principles are:

- **Growth trend principles**: These indicate the direction of growth and its gradient in the human organism.
- Principle of asynchronous growth: Emphasizes the development of one part of the body before another.
- **Complexity of growth rate**: Indicates the intricate complexity involved in the process of development.
- **Principle of differentiation**: Indicates the process of development from the mass to the definite, from simple to complex, and from general to specific.
- **Principle of individual differences or uniqueness**: This refers to the uniqueness of individual, for no two persons are exactly the same.

### **Theories of Child Development**

There are four primary theories:

Psychoanalytic, Learning, Cognitive and Sociocultural

- Each offers insight into the forces guiding childhood growth.
- Each also has limitations, this is why many developmental scientists use more than one theory to guide their thinking about the growth of children.

#### **LECTURES II & III: Language Development in the Young Child**

- Language development is a process
- Starts early in life, usually around age one
- It is biologically given and nothing can it
- Children's language development moves from simple to complex

## What are Speech and Language?

- They are tools that humans use to communicate or share thoughts, ideas and emotions.
- Language is the set of rules shared by the individuals who are communicating, that allows them to exchange those thoughts, ideas or emotions.

Theoretical Frameworks of Language Development:-

There are four major theories:-

- i. The behaviourist theory Proposed by B. F. Skinner Suggests that language is learned through operant conditioning.
- ii. The nativist theory Proposed by Noam Chomsky. Chomsky is of the opinion that children have what is called LAD an innate language acquisition device that allows children to produce consistent sentences once vocabulary is learned.
- iii. The empiricist theory this emphasizes the volume of information in the linguistic input that children receive.
  - This approach is characterized by the construction of computational models that learn aspects of language and/or that stimulate the type of linguistic output produced by children.
- iv. The interactionist theory: Consists of 2 components:
  - It's combination of both the nativist and behaviourist theories.
  - Language development in middle childhood
  - By the age seven years, almost all children have learned a great deal about their language.
  - Children improve their use of language and expand their structural knowledge
  - There are 3 types of changes in language usage:
    - a. Children begin to use language for their own purpose
    - b. Language becomes less literal.
    - c. Children are able to communicate with other more effectively.

### **LECTURE IV: Genetic and Peer influences on Personality Development:**

- Science of genetics is the study of heredity.
- Personality to social scientist, it is the sum total of behaviours, attitudes, beliefs and values that are characteristic of an individual.
- Personality development: the development of the organized pattern of behaviours and attitudes that makes a person distinctive.
- Genetic influences on personality development:
  - Biological factors e.g. hormones, brain structures influence an individual's behavior
  - Complex human behavior are not determined by single genes.
- Peer influence on personality development:
  - Peer groups normal, necessary and healthy part of adolescent development.
  - Peer groups provide the security of a "safety net".
  - Peer influence can also be very negative

Teens may be involved in risky behaviours as result of peer influence.

#### **LECTURE V: SOCIALIZATION**

- Home environment has the most direct impact on young children's development
- Home environment shapens children personality, promotes values, and patterns of behaviours

### **Cultural Variations in family Socialization:**

- Cultures differ in social complexity, economic development, cultural belief systems and domestic living arrangements.
- Most families fall into one of the following patterns of interaction with their children:
  - i. Authoritarian parents
  - ii. Authoritative parents
  - iii. Permissive parents

### **Factors Influencing Family Interaction Pattern:**

- Psychological characterization of parents
- Single-parent family
- Feeling of abandonment by children from a single-parent family
- Child's interaction with the community

### **LECTURES VI & VII**

Seminar presentation by students on the following topics

- 1. Biological and Environmental influences on Sex-typed behaviours
- 2. Emotional factors on personality development
- 3. Aggression and pro-social behaviours