

COURSE CODE: HSM 200
COURSE TITLE: INTRODUCTION TO HOME SCIENCE AND MANAGEMENT
NUMBER OF UNITS: 2 Units
COURSE DURATION: 2 Hours per week

COURSE DETAILS:

Course Coordinator: Dr. Adetoun
Email: amuboto@yahoo.com
Office Location: Department of Home Science & Management
Other Lecturers: A.Amubode and Dr. A.O. Lasode

COURSE CONTENT:

Philosophy, objectives and scope of Home Science and management. History and development of Home Science Education in Nigeria. An introduction to and analysis of the careers and vocational opportunities available in Home Science. Roles of Home Science Education in meeting individual development, needs of family, group and community.

COURSE REQUIREMENTS:

READING LIST:

LECTURE NOTES

METHOD OF GRADING:

Test	- 30%
Examination	-70%
TOTAL	-100 %

COURSE DELIVERY STRATEGIES:

Students are expected to have 75% attendance at lectures to be qualified to sit for the examination, actively participate in class, and carry out all assignments. All forms of indiscipline attitudes would not be tolerated in the class.

NOTE: Week 1-5 lectures would be handled by Dr. Amubode, while week 6-10 would be handled by Dr. Lasode. Continuous Assessment Test would hold in week 11 while week 12 would be for revision.

LECTURE CONTENT:

Week 1

- History and philosophy of Home Science and Management.

Week 2

- Role of Home Science in individual and national development.
- Career opportunities in Home Science and Management.

Week 3

- Good grooming
- Figure shapes and styles
- Female figure shapes -Hour glass, Pear, Apple and banana.
- Male figure shapes- Ectomorph, Mesomorph, and Endomorph.
- Face shapes

Week 4

- Wardrobe planning
- Basic forms of clothing.
- Steps and factors to be considered in wardrobe planning.
- Clothes for special needs.

- Clothes for people with disability.
- Storage and care of clothing.

Week 5

- Career Opportunities in Clothing and Textiles
- Textile Print Designer, Fashion Designer, Fashion Promotion,
- Modelling, Weaving, Fashion/ textile merchandising
- Dressmaking/ tailoring, Dry cleaning, laundry services
- Researcher, Teaching/ lecturing
- Commercial Pattern Production.
- Laundry Process
- Stain and stain Removing agents.

Week 6-10 (To be handled by Dr. A.O. Lasode)

At the end of this course, students should be able to:

- Define the concepts Human Development and Family Studies.
- Enumerate the history of child psychology
- Explain Research Methods in Developmental Psychology
- Discuss the family as an agent of Socialization

Lecture I

Introduction – General principle of Human Development

- Concepts, Development, Growth, maturation learning
- Principle of human development: Physical, social, emotional, intellectual
- The major developmental period
- Reason for studying Development

Lecture II

- The history of child psychology with various researchers in the field.

Lecture III

- Differences between Growth, Maturation and Learning
- Personality development
- Observation and Experimental researches
- Variables – dependent and independent

Lecture IV

- ❖ Socialization
- ❖ Various agent of socialization
- ❖ Family and family structures
- ❖ Role of family

REFERENCES

- ✓ An introduction to Child Development by Mallum, J. O.
- ✓ An introduction to sociological studies by O. Otite and W. Ogionwo
- ✓ Developmental Psychology: A Basic Text for Colleges and Universities by Sokan B. O., E. A. Akinade.
- ✓ Positive outlook of Marriage and family life in the New Millennium by Ano Julie Larai
- ✓ The individual; marriage and the family 3rd edition. Wadsworth publishing company inc. Belmont California by Lloyd saxton College of Sam Mateo.

Week 11

- Continuous Assessment test

Week 12

- Revision