

**COURSE CODE:** HSM 206  
**COURSE TITLE:** INTRODUCTION TO CLOTHING TECHNIQUES  
**NUMBER OF UNITS:** 2 Units  
**COURSE DURATION:** 2 Hours per week

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## COURSE DETAILS:

**Course Coordinator:** Dr. Adetoun A. Amubode  
**Email:** [amuboto@yahoo.com](mailto:amuboto@yahoo.com)  
**Office Location:** Department of Home Science & Management  
**Other Lecturers:**

## COURSE CONTENT:

Functions of clothing. Concepts of fashion. Aesthetic and practical aspects of texture, colour and style. Basic construction methods and equipment.

## COURSE REQUIREMENTS:

## READING LIST:

## LECTURE NOTES

Week 1.

- Clothing theories

- Clothing terms
- Functions of clothing.

#### Week 2.

- Basic construction methods
- The sewing machine.
- Parts and care of a sewing machine.

#### Machining and machine faults.

#### Week 3

- Stitches.
- Temporary, permanent and embroidery stitches.
- Even and Un even tacking and tailors' tacking
- Hemming, running, gathering, loop, back stitches e.t.c.
- French knot, Chain, cross, stem. Satin, feather, lazy daisy stitches, e.t.c.
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#### Week 4-5

- Practical aspects of week 2 and 3 lectures.

#### Week 6

- Seams and seam finishes.
- French seam
- Open seam
- Closed seam
- Run and fell seam
- Edge stitching
- Overlocking
- Pinking shear
- Loop Stitch
- Bias binding
- Disposal of fullness and methods.
- Gathers
- Pleating
- Tucks

- Darts
- Fastenings
- Attachment of zips, hook and bar, hook and eye, buttons, e.t.c.

Week 7-8

- Practical aspects of week 6 lecture.

Week 9

- Taking accurate body measurement.
- Construction of a clothing apron.

Week 10

- Concept of fashion.
- Styles, colour wheel, colour triangle, and colour harmony.

Week 11

- Class Test

Week 12

- Tutorial/ Revision