

+234-807-686-6360 | ebenezerjohn15@yahoo.com

No 4, Oshibodu Close, Olorunsogo, Molete, Ibadan.

JOHN Ebenezer Peter



Career profile

A hardworking and dependable individual with the ability to work well both independently and in a team. Has boldness and vision to initiate new ideas and implement innovative approaches. Excellent communication and presentation skills underpinned by an enthusiastic and proactive approach.

Personal Information

Sex: Male

Nationality: Nigeria

State of origin: Osun (Ilesa East L.G.A)

Date of birth: 27 March 1989.

Marital status: Single

Religion: Christianity

Work Experience

Federal University of Agriculture, Abeokuta, Ogun State, Nigeria.

Course taken

August 2019 to present

- Nutritional Biochemistry 1 (NTD 208)
- Nutritional Biochemistry (NTD 707)

University College Hospital, Ibadan, Oyo State
Voluntary Dietetics Internship

2019

- Writing meal cards and orders for meal deliveries.
- Preparation of therapeutic diet for patients.
- Calculating required kilocalorie for both in and out patients
- Giving presentations on case study assigned by supervisors.

Camp Healthcare Center, Odeda Local Government, Ogun State
Nutrition Office:

2016 to 2019

- Health facility data manager for Community Health Management Information System (CHMIS).
- Monitoring and evaluating the nutritional status of pregnant women and under 5-years-old children.
- Documenting and analyzing patient's anthropometric indices to determine their nutritional status.
- Giving nutrition education talk during post-natal and antenatal clinic days.
- Counseling patients on healthy eating ways.
- Taking lead as team supervisor in voluntary program days such as Vitamin A Supplementation Day, World Diabetes Day, National Immunization Day Plus for Polio Vaccination.

Federal University of Agriculture, Abeokuta, Ogun State, Nigeria.

Voluntary Tutorial Class for 400L Undergraduate Students

2016 to 2019

- Nutrition Education
- 400L Project Research Work Coordinator

State Specialist Hospital, Akure, Ondo State. (NYSC)

Assistant Dietetic Officer at the Haematology Clinic.

5 August 2014 – 5 August 2015

- Monitoring and Evaluating the Nutritional Status of People Living with HIV/AIDS
- Documenting and analyzing anthropometric indices to determine the nutritional status of patients.
- Giving presentations on Nutrition Education and Dietary modifications.
- Counseling patients who fall in the underweight group and obese group on ways to achieve required weight for optimum healthy living.
- Counseling patients individually on dietary modification for certain complications and also dietary interventions to diseases.

University College Hospital, Ibadan, Oyo State
Student Industrial Work Experience

27 March 2012 – 26 June 2012

- Writing meal cards and orders for meal deliveries.
- Preparation of therapeutic diet for patients.
- Calculating required kilocalorie for both in and out patients
- Counseling of medical out patients
- Giving presentations on case study assigned by supervisors.

Oni Memorial Children's Hospital, Ring Road, Ibadan, Oyo State

Student Industrial Work Experience

2 July – 21 September 2012

- Giving presentations on nutrition education to pregnant women and mothers of under 5 years old children.
- Participating in the preparation of complementary food demonstrations to mothers.
- Participating in the formulation of vitamins and mineral fortified soybean powder for complementary food.
- Documenting and analyzing anthropometric indices of under-five (5) children to determine their nutritional status.
- Monitoring and evaluating the nutritional status of under-five (5) children.

Professional qualification

Full Member of the Nutrition Society of Nigeria.

Education and Qualifications

- Federal University of Agriculture, Abeokuta
Doctor of Philosophy in Nutrition and Dietetics (**In view**) **2019**
- Federal University of Agriculture, Abeokuta
Master of Science Degree in Nutrition and Dietetics. **2019**
- Federal University of Agriculture, Abeokuta
Bachelor of Science Degree in Nutrition and Dietetics **2014**
(Second class upper division - CGPA 4.17 / 4.50)
- Ibadan Grammar School, Ibadan
Secondary School Leaving Certificate **2005**
- Ebire Nursery and Primary School, Felele, Ibadan
Primary School Leaving Certificate **1999**

Training and Conference Workshop Attended with Certificates

- CTA/FAO/PAFO: Farm Data Management, Sharing and Services for Agriculture
Development 2nd edition. **Nov 18-Dec 15, 2019**
- AND: Association of Nigerian Dietitians/Institute for Dietetics in Nigeria (IDN) Annual General
Meeting & Scientific Conference
Team: Combating Cancer with Diet Therapy **November 18th-21st, 2019**
- AWARD: Scientific Writing and Publishing Skills Course **September 24-29, 2019**
- 49th Annual General Meeting and Scientific Conference of Nutrition Society of Nigeria
Theme: Promotion of Sustainable Development: Current Trends and Innovations? **2019**
- University College Hospital, Ibadan Oyo State
Dietetics Internship **2019**

WHO/ NPHCDA Routine Immunization Lot Quality Assurance Sampling (RI LQAS)	2019
UKaid/FAO: Global Open Data Management in Agriculture, Nutrition and Land	2018
48th Annual General Meeting and Scientific Conference of Nutrition Society of Nigeria Theme: Nutritional Challenges- What Actions for Sustainable Development?	2018
47th Annual General Meeting and Scientific Conference of Nutrition Society of Nigeria Theme: Controversies in Nutrition-Separating Facts from Fads and Fallacies	2017
Nutrition Society of Nigeria/Unicef Pre-Conference Workshop on Monitoring and Evaluation Application in Nutrition Project/Programme Implementation and Management.	2017
Institute of Dietetics in Nigeria National Workshop / Annual General Meeting & Scientific Conference on Risk Factors of Renal Failure and Dietary Intervention. Ogun State	2015
Akure Business School; Project Management Professional	2014
Akure Business School; Human Resource Management	2014
Association for Talent Development training on Career Development and Personal Effectiveness	2014
Image Consulting Group / Peoples Development Initiative third quarter 3 weeks Contemporary School on Leadership Training Plus	2014
Association of Dietitians in Nigeria / Institute of Dietetics in Nigeria National Workshop on Standardization of Dietary Management of Diabetes Mellitus in Nigeria (Oyo State Chapter)	2014
Association of Dietitians in Nigeria / Institute of Dietetics in Nigeria National AGM and Scientific Conference on Overweight and Obesity in Nigeria Children, Dietary Intervention	2014
Statistical Package for Social Sciences (SPSS) Training	2013
Nutrition Society of Nigeria Training Workshop on Nutritional Goals and Dietary Strategies for Athletes (Ogun State Chapter)	2012
FUNAAB Information and Communication Technology Training	2009

Research Papers, Proceedings, Abstract Publications Accepted & Presented in Conferences

John E. P., Olayiwola I. O., Onabanjo O. O and Eni-Olorunda T. (2019). *Association Between Nutritional Status and Presence of Metabolic Syndrome among Primary Healthcare Workers in Two Selected Local Government Areas of Ogun State, Nigeria*. Conference Proceedings of the 49th Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria: Pages 111-112.

Adebayo Y. O., Akinsanya O. B., Odunfa O. M and **John E. P.** (2019). *Risk Factors of Cardiovascular Diseases Among Staff of Federal Polytechnic, Ilaro, Ogun State*. Conference Proceedings of the 49th Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria: Pages 115-116.

Oladoyinbo C. A., Abiodun A. M., Akinbule O. O., Okeke I. U. and **John E.** Modifiable Risk Factors for Obesity among Traders in Abeokuta South Local Government Area, Ogun State. *African Journal of Biomedical Research, Vol. 22 (May, 2019); 127- 133.*

John E. P., Olayiwola I. O and Onabanjo O. O (2019). *Prevalence of Metabolic Syndrome among Primary Healthcare Workers in Odeda and Abeokuta South Local Government Areas of Ogun State,*

Nigeria. Federation of African Nutrition Society (FANUS) Conference, Kigali, Rwanda 26-29th August 2019.

John E. P., Olayiwola I. O and Onabanjo O. O (2018). *Assessment of Nutritional Status and Some Selected Risk Factors of Cardiovascular Disease Among Primary Healthcare Workers in Odeda and Abeokuta South Local Government Areas of Ogun State, Nigeria*. Book of Abstracts of the 48th Annual General Meeting & Scientific Conference of Nutrition Society of Nigeria. Page 100.

Olayiwola I. O, Oladipo T. O and **John E. P** (2018). *Nutritional Status and Assessment of Risk Factors of Non-Communicable Diseases among Commercial Drivers in Odeda Local Government Area of Ogun State, Nigeria*. Book of Abstracts of the 48th Annual General Meeting & Scientific Conference of Nutrition Society of Nigeria. Page 110-111.

Olayiwola I. O, Akinyele O. O and **John E. P** (2018). *Assessment of Nutritional Knowledge and Anthropometric Characteristics of Post-Graduate Students in Federal University of Agriculture, Abeokuta*. Book of Abstracts of the 48th Annual General Meeting & Scientific Conference of Nutrition Society of Nigeria. Page 99.

John E. P and Olayiwola I. O (2017). *Elderly Physical Activity, Energy Expenditure and Nutritional Status in Urban Areas of Abeokuta South Local Government of Ogun State, Nigeria*. Book of Abstracts of the 47th Annual General Meeting & Scientific Conference of Nutrition Society of Nigeria. Page 82-83.

John E. P and Arowolo A. B (2015). *Food Consumption Pattern of Elderly's in Abeokuta South Local Government of Ogun State*. Conference Proceedings of the 44th National Workshop / Scientific Conference and Annual General Meeting of Institute of Dietetics in Nigeria. Page 56-57.

Scholarships / Awards

- Nutrition Society of Nigeria Young Nutritionist Award for best Oral Presenter **2017.**
- Dufil-Prima foods Nutrition Scholarship Award for Postgraduates (Nutrition and Dietetics) **2015.**

Community Service

- Guest nutritionist for Ogun State Broadcasting Cooperation 90.5 FM live Nutrition Education Program on Mondays (6:30pm-7:00pm) and Wednesdays (4:30pm-5:00pm). Between 2017-2018.
- Taking lead as team supervisor in voluntary program days in Ogun State such as
 - ✓ Vitamin A Supplement Days
 - ✓ National Immunization Days Plus for Polio Vaccination
 - ✓ Long Lasting Insecticidal net campaign in Ogun State.
 - ✓ WHO/ NPHCDA Routine Immunization Lot Quality Assurance Sampling (RI LQAS)

Key skills

- Presentation and Delivering Nutrition Education talk.
- Counselling patients
- Strong and good Human Relations (communication and interpersonal relationship).
- Efficient use of Initiative and Strong numerical skill.
- Ability to work with minimum supervision and Strong Team player.
- Efficiency in the use of Microsoft Office Packages. E.g. Word, PowerPoint, Excel.
- Ability to analyse raw data and draw conclusion from it.
- Efficiency in the use of statistical applications to analyse research data such as; SPSS, NutriSurvey, ENA for SMART, TDA, WHO ODK COLLECT WHO ANTHRO & WHO ANTHRO PLUS.

Hobbies and Interest

Reading, travelling, listening to music, research and analysis.

Referees

Prof. (Mrs) I. O. Olayiwola
Nutrition and Dietetics Department, Federal University of Agriculture, Abeokuta.
08037122280, 07083629282

Dr. O. O. Onabanjo
Head of Department, Nutrition and Dietetics
Federal University of Agriculture, Abeokuta.
08034054644

Dr. Akinsanya Otuyalo
Director for Primary Healthcare, Abeokuta South Local Government, Ogun State.
08110771417, 08028285249