**I Brief Biography**

**JOHN, Ebenezer Peter Anuoluwa**is a lecturer and researcher with interest in Public Health Nutrition in the Department of Nutrition and Dietetics, College of Food Science and Human Ecology, Federal University of Agriculture, Abeokuta, Nigeria. He was born in Ibadan, Oyo State, Nigeria on March 27, 1989. He graduated from the Federal University of Agriculture, Abeokuta, Nigeria with a Bachelor of Science and Master of Science Degrees at the Department of Nutrition and Dietetics in January 2014 and November 2018 respectively.

He joined the service of the Federal University of Agriculture, Abeokuta, Nigeria in 2019 as an Assistant Lecturer and currently a Lecturer II. As of date, he has Published sixteen (16) Journal articles and nine (9) Conference proceedings.

# John Ebenezer received the Young Nutritionist Award for Best Oral Presentation at the 47th Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria, 2017. He also won the Dufil-Prima foods Nutrition Scholarship Award for Postgraduates in Nigeria, 2015.

**II Passport Photograph**

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**III Personal Information**

1. Name: JOHN Ebenezer Peter
2. Date of Birth: 27th March, 1989
3. Place of Birth: Ibadan
4. Age: 34 years
5. Sex: Male
6. Nationality: Nigeria

**IV Department**

Nutrition and Dietetics

**V E-mail Address**

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**VII Rank**

Lecturer II

**VII Designation**

Academic Staff (Departmental Part-Time Coordinator)

**IX Research gate Address**

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**X LinkedIn Address**

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**XI Google Scholar Profile**

https://scholar.google.co.uk/citations?user=QIUXnwoAAAAJ&hl=en

**XII ORCID Number**

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**XIII Qualification**

1. M.Sc. (Nutrition and Dietetics) (FUNAAB) 2018
2. B.Sc. (Nutrition and Dietetics) (FUNAAB) 2014
3. Secondary School Leaving Certificate 2005
4. Primary School Leaving Certificate 1999

**Professional Qualification**

1. Test of Proficiency Competency (TOPC): Accredited by the Institute

for Dietetics in Nigeria (IDN) 2021

**XIV Membership of Professional Bodies**

1. Nutrition Society of Nigeria
2. Institute for Dietetics in Nigeria.
3. American Society for Nutrition

**XV Award Received**

* Young Nutritionist Award for best Oral Presenter at the 47th Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria held at University of Ibadan, 2017.
* Dufil-Primal Foods Nutrition Scholarship Award for Postgraduate, 2015.

**XVI Research Conducted**

i. Prevalence of some selected risk factors of metabolic syndrome among government secondary school teachers in Odeda local government area of Ogun State.

ii. Assessment of knowledge, attitude and practices of exclusive breastfeeding among civil servant mothers in Odeda local government area, Ogun State.

iii. Assessment of some selected risk factors of obesity and overweight among elderly in Odeda local government area of Ogun State.

iv. The prevalence of malnutrition among public primary school students that benefited from home grown school feeding program in Odeda LGA, Ogun State.

v. Awareness and consumption pattern of biofortified food products among urban residents of Odeda local government area, Ogun State.

vi. Sensory Evaluation, Nutritional and Anti-nutrient Composition of Biscuit Made with Bio-fortified Sorghum (*Sorghum bicolor*).

**XVII Conferences Attended**

i. NSN: 52nd Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria on Bridging the Malnutrition Gap; Nurturing Multisectoral Commitments for Sustainable Nutrition in Nigeria. (19th - 23rd September, 2022).

**Paper Read:** Knowledge, Attitude and Practices of Exclusive Breastfeeding Among Civil Servant Mothers in Odeda Local Government Area of Ogun State, Nigeria.

ii. NSN: 51st Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria on Promoting Healthy Diets Through Food Systems Transformation (19th - 24th September, 2021).

**Paper Read 1:** Evaluation of Glycemic Index of Orange Fleshed Sweet Potato and Indigenous Sweet Potato (*Ipomoea botatas*) Commonly Consumed Abeokuta Metropolis, Ogun State, Nigeria.

**Paper Read 2:** Assessment of Available Food Items in Home Food Environment Among Undergraduates in University of Lagos, Nigeria.

iii. NSN: 49th Annual General Meeting and Scientific Conference of Nutrition Society of Nigeria on Promotion of Sustainable Development: Current Trends and Innovations? (September 10-13rd, 2019).

**Paper Read:** Association Between Nutritional Status and Presence of Metabolic Syndrome among Primary Healthcare Workers in Two Selected Local Government Areas of Ogun State, Nigeria.

iv. NSN: 48th Annual General Meeting and Scientific Conference of Nutrition Society of Nigeria Nutritional Challenges- What Actions for Sustainable Development? (2018).

**Paper Read:** Assessment of Nutritional Status and Some Selected Risk Factors of Cardiovascular Disease.

v. NSN: 47th Annual General Meeting and Scientific Conference of Nutrition Society of Nigeria- Controversies in Nutrition-Separating Facts from Fads and Fallacies (2017).

**Paper Read:** Elderly Physical Activity, Energy Expenditure and Nutritional Status in Urban Areas of Abeokuta South Local Government of Ogun State.

vi. 44th National Workshop / Scientific Conference and Annual General Meeting of Institute of Dietetics in Nigeria on Risk Factors of Renal Failure and Dietary Intervention. Ogun State 2015.

**Paper Read:** Food Consumption Patterns of Elderly’s in Abeokuta South Local Government of Ogun State.

**XVIII Publications**

**i. Journal Articles in Print:**

1. Oladoyinbo C. A., Abiodun A. M., Akinbule O. O., Okeke I. U. and **John E**. (2019). Modifiable Risk Factors for Obesity among Traders in Abeokuta South Local Government Area, Ogun State. ***African Journal of Biomedical Research*,** Vol. 22; 127- 133. A SCImago indexed journal, published by Biomedical Communications Group, Ibadan, Nigeria. Available online at <https://www.ajol.info/index.php/ajbr/article/view/190602.>

2. Adebayo Y. O**,** Odunfa O. M, Akinsanya O. B, and **John E. P.** (2020).Risk Factors of Cardiovascular Diseases Among Staff of Federal Polytechnic, Ilaro, Ogun State. ***Journal of Dietitians Association of Nigeria (JDAN)*** Volume 11 Number (2) 43-51. December, 2020*.* An African Journal Online indexed, published by Dietitians Association of Nigeria. Available online at <https://www.ajol.info/index.php/jdan/article/view/213448.>

3. **John E. P.** and Olayiwola I. O. (2021). Urban Elderly’s Nutritional Status as Influenced by Topical Issues such as Physical Activity and Energy Expenditure. ***Nigerian Journal of Nutritional Sciences*.** 42 (1): 93-100. A SCImago indexed journal, published by Nutrition Society of Nigeria. Available online at <https://www.ajol.info/index.php/njns/article/view/216765>

4. Ngozi E. O., **John E. P** and Baderinwa T. J. (2021). Effectiveness of nutrition education intervention on maternal nutritional knowledge among women of childbearing age in Ikenne Local Government Area of Ogun State, Nigeria. ***Journal of Dietitians Association of Nigeria (JDAN)***Volume 12 Number (1) 1-4. An African Journal Online indexed, published by Dietitians Association of Nigeria. Available online at <https://www.ajol.info/index.php/jdan/article/view/220711>

5. Ajuzie N. C., Ani I. F., **John E. P.,** Abidakun K. P., Adeoye, B. K., and Makinde Y.O. (2021). Dietary diversity and nutritional status of undergraduate students in Public Tertiary Institutions in Oyo State, Nigeria. ***Journal of Life & Physical Sciences.*** Vol 13 (2): 162-172. A University based journal, published by Babcock University, Ilishan-Remo, Ogun State, Nigeria. Available online at <https://journal.babcock.edu.ng/article/c404a0e1-fac1-49f3-b0ba-8897616718cc>

6. Oyesanya O. S., Olayiwola I. O., **John E. P.,** Oladosu G. S. (2022). Effectiveness of nutrition education intervention on maternal nutritional knowledge among women of childbearing age in Ikenne Local Government Area of Ogun State, Nigeria. ***Journal of Dietitians Association of Nigeria (JDAN)***Volume 13 Number (1) 35-40. An African Journal Online indexed, published by Dietitians Association of Nigeria. Available online at <https://www.ajol.info/index.php/jdan/article/view/231233>

7. Ilori, O., Akinlotan, V., Onabajo-Omilani, T., Nupo, S., & **John, E.** (2022). Influence of Nutrient Intake and Workload on Maternal Outcome of Pregnancy in Selected Health Facilities of Abeokuta Ogun State, Nigeria. ***Current Developments in Nutrition*,** *6*(Supplement\_1), 666-666. An American Society for Nutrition Journal, published by Oxford University Press. Available online at <https://academic.oup.com/cdn/article/6/Supplement_1/666/6606620>

8. Olayiwola Ibiyemi. O., Adedokun Victoria. M and **John Ebenezer. P.** (2022). Proximate Composition, Mineral and Sensory Evaluation of Cookies made from Tiger Nut Flour (Cyperus Esculentus**). *Nigerian Journal of Nutritional Sciences***. 43 (1): 79-84. A SCImago indexed journal, published by the Nutrition Society of Nigeria. Available online at <https://www.ajol.info/index.php/njns/article/view/235856>.

9. Olajide Bolanle R., Amoda Oyefunmilayo S., Oladosu Gbenga S., **John Ebenezer. P.** and Onabanjo Oluseye O. (2022). Household Food Access and Coping Strategies Adopted during Covid-19 Pandemic Lockdown among people residing in Odeda Local Government Area of Ogun State, Nigeria**. *Nigerian Journal of Nutritional Sciences*.** 43 (1): 141-149. A SCImago indexed journal, published by Nutrition Society of Nigeria. Available at <https://www.ajol.info/index.php/njns/article/view/235867>.

10. Amoda Oyefunmilayo S., Oladosu Gbenga S., Olajide Bolanle R., **John E. P.** and Onabanjo Oluseye O. (2022). Nutritional Status and Adequacy of selected Micronutrients of Civil Servants in Ogun State, Nigeria. ***Nigerian Journal of Nutritional Sciences***. 43 (2): 41-50. A SCImago indexed journal, published by Nutrition Society of Nigeria. Available online at <https://www.ajol.info/index.php/njns/article/view/236047>

11. Ide, Toochukwu James Paulmiki; Essien, Nyakno Akpan; **John, Ebenezer Peter;** Odoh-Felix, Ukamaka Scholastica; Ndiokwelu, Chika Isabelle; Ene-Obong, Henrietta Nkechi**.** (2022). Dietary habits of adult residents of Calabar Metropolis, Cross River State, Nigeria. ***Nigerian Journal of Nutritional Sciences***. 43 (2): 70-79. A SCImago indexed journal, published by Nutrition Society of Nigeria. Available online at <https://www.ajol.info/index.php/njns/article/view/236050>.

**ii. Papers in Edited Conference Proceedings**

12. **John E. P.** and Arowolo A. B (2015)**.** Food Consumption Pattern of Elderly’s in Abeokuta South Local Government of Ogun State. **Conference Proceedings of the 44th National Workshop / Scientific Conference and Annual General Meeting of Institute of Dietetics in Nigeria (IDN)**. Page 56-57. Published by IDN.

13. **John E. P.,** Olayiwola I. O., Onabanjo O. O and Eni-Olorunda T. (2019).Association Between Nutritional Status and Presence of Metabolic Syndrome among Primary Healthcare Workers in Two Selected Local Government Areas of Ogun State, Nigeria. **Conference Proceedings of the 49th Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria (NSN):** Pages 111-112. Published by NSN.

14. Adebusoye M. S and **John E. P** (2020). COVID - 19 and Immunity- Can Consumer Knowledge and Perception about Herbs and Spices Play a Role? **Conference Proceedings of the 50th Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria (NSN):** Pages 129-130. Published by NSN.

15. Adebusoye M. S and **John E. P** (2020). Effects of Socio-demographic Characteristics on the Consumption Pattern of Snacks among Young Adults in Bauchi State. **Conference Proceedings of the 50th Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria (NSN):** Pages 106-108. Published by NSN.

16. Olayiwola I. O., Agoro A.A and **John E. P** (2020). Comparative Study on the Proximate Composition of Indigenous Sweet Potato and Orange Fleshed Sweet Potato (Ipomoea Batatas) in Abeokuta Metropolis. **Conference Proceedings of the 50th Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria (NSN):** Pages 71-72. Published by NSN.

17. Bolajoko O. O., **John E. P**., Adeniji L. O., and Edun B.T. (2021). Assessment of Available Food Items in Home Food Environment Among Undergraduates in University of Lagos, Nigeria. **Conference Proceedings of the 51st Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria (NSN).** Pages 29-30. Published by NSN.

18. **John E. P.,** Olufemi P. E., Olayiwola I. O. and Sanni S. A. (2022). Knowledge, Attitude and Practices of Exclusive Breastfeeding Among Civil Servant Mothers in Odeda Local Governmen Area of Ogun State, Nigeria. **Conference Proceedings of the 52rd Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria (NSN).** Pages 88-89. Published by NSN.

19. Fakunle R. A., **John E. P.,** Olayiwola I. O. Onabanjo O. O. Fapojuwo O. E. (2022). Characteristics, and Quality of Life of Elderly's in Oyo State, South West, Nigeria. **Conference Proceedings of the 52rd Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria (NSN).** Pages 133-135. Published by NSN.

20. **John E.P,** Akinrodolu E.Y, Olayiwola I.O and Sanni S.A. (2022). Association between Physical Activity Level, Socio-demographic and Economic Characteristics of Elderly’s in Abeokuta Metropolis, Ogun State, Nigeria. **Conference Proceedings of the 52rd Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria (NSN)**. Pages 165-167. Published by NSN.

21. **John E. P.,** Agboola M. A. and Olufemi P. E. (2022). Abdominal Obesity as a Risk Factor of Metabolic Syndrome and its Association with Selected Socioeconomic and Demographic Characteristics among School Teachers in Ogun State, Nigeria. **Conference Proceedings of the 52rd Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria (NSN)**. Pages 178-179. Published by NSN.

22. **John E. P.,** Adenle T. A and Bolajoko O. O. (2022). Awareness and Consumption Pattern of Biofortified Foods and Its Products Among Urban Residents of Odeda Local Government Area, Ogun State, Nigeria. **Conference Proceedings of the 52rd Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria (NSN).** Pages 275-276. Published by NSN.

23. Dare D. Ademiluyi., Ibiyemi O. Olayiwola., **Ebenezer P. John.,** Yewande O. UthmanAkinhanmi., Boluwatife T. Oyewumi., Emmanuel A. Akinlose., Godsfavour O. Odukoya., and Miracle A. Ademola. (2022). **Conference Proceedings of the 52rd Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria (NSN).** Pages 336-337. Published by NSN.