

## CURRICULUM VITAE

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### 01. PERSONAL

- (i) Name: JOHN Ebenezer Peter
- (ii) Date of Birth: 27th March, 1989
- (iii) Place of Birth: Ibadan
- (iv) Age: 32 years
- (v) Sex: Male
- (vi) Marital Status: Married
- (vii) Nationality: Nigeria
- (viii) Town and State of Origin: Ilesa, Osun State
- (ix) Contact Address: Department of Nutrition and Dietetics,  
Federal University of Agriculture, P.M.B  
2240, Abeokuta
- (x) Phone Number: +234 807 686 6360 / +234 813 094 3487
- (xi) E-mail Address: ebenezerjohn15@yahoo.com,  
johnep@funaab.edu.ng
- (xii) Present Post: Assistant Lecturer.

### 02. EDUCATIONAL BACKGROUND

#### (i) Educational Institution Attended (with dates)

- (a) Federal University of Agriculture, Abeokuta 2019- Present
- (b) Federal University of Agriculture, Abeokuta 2015 - 2018
- (c) Federal University of Agriculture, Abeokuta 2009 - 2014
- (d) Ibadan Grammar School, Ibadan 1999 - 2005
- (e) Ebire Nursery and Primary School, Felele, Ibadan 1991 - 1999

**(ii) Academic and Professional Qualifications (with dates)**

- (a) Ph.D. (Nutrition and Dietetics) In-View  
(b) M.Sc. (Nutrition and Dietetics) 2018  
(c) B.Sc. (Nutrition and Dietetics) 2014  
(d) Secondary School Leaving Certificate 2005  
(e) Primary School Leaving Certificate 1999

**(iii) Prize, Honours, Scholarships, National and International Recognition**

- a) Young Nutritionist Award for best Oral Presenter at the 47th Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria held at University of Ibadan, 2017.  
b) Dufil-Primal Foods Nutrition Scholarship Award for Postgraduate, 2015.

**03. WORK EXPERIENCE**

**(a) University Teaching**

Assistant Lecturer, Department of Nutrition and Dietetics, College of Food Science and Human Ecology, Federal University of Agriculture, Abeokuta. 2019 to Present

**Session 2018/2019**

No.	Course Title	Course Code	Units	Contact Hours	No. of Students	No. of Lecturers	Individual Contribution
1	Nutrition Biochemistry I	NTD 208	2	2	99	2	50%
2	Student Industrial Experience	NTD 300	6	6	80	9	11.11%
3	Student SIWES Seminar	NTD 302	2	2	80	9	11.11%
4	Student SIWES Report	NTD 304	5	5	80	9	11.11%
5	Student SIWES Visitation Report	NTD 306	3	3	80	9	11.11%
6	Seminar II	NTD 498	1	1	89	9	11.11%

## Session 2019/2020

S/N	Course Title	Course Code	Units	Contact Hours	No. of Students	No. of Lecturers	Individual Contribution
1	Nutrition and Microbiology Interface	NTD 203	1	1	122	1	100.00%
2	Nutritional Biochemistry I	NTD 208	2	2	124	2	50.00%
3	Human Biochemistry & Nutrition	NTD 209	2	2	123	2	50.00%
4	Food Commodities	NTD 213	2	2	271	3	33.33%
5	Student Industrial Experience	NTD 300	6	6	97	8	12.50%
6	Student SIWES Seminar	NTD 302	2	2	97	8	12.50%
7	Student SIWES Report	NTD 304	5	5	97	8	12.50%
8	Student SIWES Visitation Report	NTD 306	3	3	97	8	12.50%
9	Nutrition Education & Communication	NTD 412	2	2	79	2	50.00%
10	Seminar in Nutrition and Dietetics	NTD 419	2	2	79	6	16.66%
11	Seminar I	NTD 497	1	1	79	8	12.50%
12	Seminar II	NTD 498	1	1	79	8	12.50%
13	Project	NTD 499	4	4	6	1	100.00%

### (b) Professional/ Research Experience

- (i) Dietetic Internship: University College Hospital (UCH), Ibadan.  
Introduction to dietetics practice 2019.
- (ii) Nutrition Officer: Camp Healthcare Center, Odeda Local Government, Ogun State. Monitoring and evaluation of pregnant women and under 5 years old children 2016 - 2019.
- (iii) Team Supervisor, WHO Immunization Days Plus for Polio Vaccination in Odeda Local Government, Camp Healthcare Center Catchment Areas. 2016 - 2018.
- (iv) Team Member, WHO/NPHCDA Routine Immunization Lot Quality Assurance Sampling (RI LQAS). 2018.
- (v) Team Leader, Vitamin A Supplement Days, Odeda Local Government, Camp Healthcare Center Catchment Areas.  
2016 - 2018.

- (vi) Team Member, FUNAAB-RAAF-PASANAO Project;  
Incentivising Adoption of Climate-smart Practices in Cereals  
Production in Nigeria: Socio-cultural and Economic Diagnosis.  
Ondo and Ekiti State Enumerator. 2017.
- (vii) Assistant Dietetic Officer: State Specialist Hospital, Akure,  
Ondo State. Documenting and analyzing data of People Living  
with HIV/AIDs 2014 - 2015.
- (viii) Industrial Attachment: University College Hospital and Oni  
Memorial Teaching Hospital, Ibadan. March - September 2012.

**04. SPECIAL ASSIGNMENT/ COMMUNITY SERVICE**

- i. Departmental Examination Officer January 2021- Present
- ii. College Board Member August 2019- Present
- iii. Member, Landlord Association, Ifesowapo CDA Oluwokeesin, Abk, Ogun  
2020 to present.
- iv. Community Sensitization and awareness on Covid-19: Tackling the Novel  
Corona-virus. 2020.
- v. Member, Landlord Association, Oshodi CDA Olorunsogo, Ibadan, Oyo State.  
2015 to 2019.
- vi. Member, Departmental Internal Accreditation Committee 2019.
- vii. Guest nutritionist for Ogun State Broadcasting Cooperation 90.5 FM live  
Nutrition Education Program on Mondays (6:30pm-7:00pm) & Wednesdays  
(4:30pm-5:00pm). 2017 - 2018.
- viii. Secretary, Nutrition Society of Nigeria (Ogun State Chapter) 2017.

**05. TRAINING PRPGRAMMES ATTENDED (with dates)**

- a. Federal University of Agriculture, Abeokuta: A 3-Day Academic Retreat on University Ethics, Pedagogy and Examination Matters (June 21-23, 2021)
- b. Research4Life Massive Open Online Course on Research for Health: Hinari, Access to Global Online Research in Agriculture: AGORA and Access to Research for Development and Innovation: ARDI (April 26 - May 28, 2021)
- c. Digital Bridge Institute- International Center for Information and Communication Technology Studies: Advance Digital Appreciation Programme for Tertiary Institutions (ADAPTI)- Statistical Package for Social Sciences (May 17-21, 2021)
- d. Bond University: Data Analytics for Decision Making- An Introduction to Using Excel (April 16 - 30, 2021)
- e. University of the Basque Country: Summer Course. An Online Live Course on Gastro-omics and Precision Nutrition (August 20 - 21, 2020)
- f. University of Allahabad: Organized by Department of Electronics and Communication- ICT Tools for Teaching, Learning and Administration (August 4 - 10, 2020).
- g. Elsevier Researcher Academic: The Book Publishing Process: An Elsevier Author Workshop (June 3, 2020).
- h. Elsevier Researcher Academic: The Article Publishing Process: An Elsevier Author Workshop (June 1, 2020).
- i. Mint Group: Microsoft Teams (Virtual Lecture Application) for Tertiary Training Day (May 26, 2020).

- j. London School of Hygiene & Tropical Medicine and UK Public Health Rapid Support Team- Covid-19: Tackling the Novel Corona-virus (March 23-April 9, 2020).
- k. Academic Ethics and Freedom; Organized by Academic Staff Union of Universities (ASUU): Academic Ethics and Institutional Autonomy: Challenge for Nigeria's Public Universities (February 24, 2020).
- l. CTA/FAO/PAFO: Farm Data Management, Sharing and Services for Agriculture Development 2<sup>nd</sup> edition. (Nov 18-Dec 15, 2019).
- m. AWARD: Scientific Writing and Publishing Skills Course (September 24-29, 2019).
- n. University College Hospital, Ibadan Oyo State: Dietetics Internship (2019)
- o. WHO/ NPHCDA Routine Immunization Lot Quality Assurance Sampling (RI LQAS) (2019).
- p. UKaid/FAO: Global Open Data Management in Agriculture, Nutrition and Land (2018).
- q. Nutrition Society of Nigeria/Unicef Pre-Conference Workshop on Monitoring and Evaluation Application in Nutrition Project/Programme Implementation and Management (2017).
- r. Akure Business School; Project Management Professional (2014)
- s. Akure Business School; Human Resource Management (2014)
- t. Association for Talent Development training on Career Development and Personal Effectiveness (2014)
- u. Image Consulting Group / Peoples Development Initiative third quarter 3 weeks Contemporary School on Leadership Training Plus (2014)
- v. Statistical Package for Social Sciences (SPSS) Training (2013)

- w. Nutrition Society of Nigeria Training Workshop on Nutritional Goals and Dietary Strategies for Athletes (Ogun State Chapter) (2012)
- x. FUNAAB Information and Communication Technology Training (2009)

**06. COMMENDATION: Nil**

**07. MEMBERSHIP OF PROFESSIONAL BODIES**

- (i) Nutrition Society of Nigeria
- (ii) Federation of African Nutrition Societies
- (iii) Institute for Dietitians in Nigeria.
- (iv) American Society for Nutrition

**08. RESEARCH INTEREST OR COMMISSION PROJECTS**

**Completed:**

- i. Prevalence of some selected risk factors of metabolic syndrome among government secondary school teachers in Odeda local government area of Ogun State.
- ii. Assessment of knowledge, attitude and practices of exclusive breastfeeding among civil servant mothers in Odeda local government area, Ogun State.
- iii. Assessment of some selected risk factors of obesity and overweight among elderly in Odeda local government area of Ogun State.
- iv. The prevalence of malnutrition among public primary school students that benefited from home grown school feeding program in Odeda local government area of Ogun State.
- v. Awareness and consumption pattern of biofortified food products among urban residents of Odeda local government area, Ogun State.
- vi. Nutritional Status and Metabolic Syndrome of Primary Healthcare Workers in Odeda and Abeokuta South Local Government Areas of Ogun State, Nigeria.

- vii. Physical Activity, Energy Expenditure and Anthropometric Measurements of Elderly in Urban Areas of Abeokuta South Local Government of Ogun State.

**Research in Progress:**

- viii. Nutritional and Anti-nutrient Composition of Non-alcoholic *Pito* Drink made from Bio-fortified and Non Bio-fortified Sorghum (*Sorghum bicolor*) Sweetened with Pineapple and Its possible effects on Lipid Profile and Anaemia Induced Rats.

**09. UNIVERSITY EXTENSION ACTIVITIES:** Nil

**10. OTHER ACTIVITIES WITHIN THE UNIVERSITY SYSTEM (POSITION IN ADMINISTRATION, UNIVERSITY SPORTS, COMMITTEES, UNIVERSITY EXTERNAL EXAMINATION e.t.c):** Nil

**11. PUBLICATIONS**

**i. Journal Articles in Print:**

1. Oladoyinbo C. A., Abiodun A. M., Akinbule O. O., Okeke I. U. and **John E.** (2019). Modifiable Risk Factors for Obesity among Traders in Abeokuta South Local Government Area, Ogun State. *African Journal of Biomedical Research*, Vol. 22 (May, 2019); 127- 133. Published by Biomedical Communications Group, Ibadan. Nigeria. Available online at <https://www.ajol.info/index.php/ajbr/article/view/190602>.
2. Adebayo Y. O, Odunfa O. M, Akinsanya O. B, and **John E. P.** (2020). Risk Factors of Cardiovascular Diseases Among Staff of Federal Polytechnic, Ilaro, Ogun State. *Journal of Dietitians Association of Nigeria (JDAN) Volume 11 Number 2. December, 2020*. Published by Dietitians Association of Nigeria. Available online at <https://www.ajol.info/index.php/jdan/article/view/213448>.



3     **John E. P.** and Olayiwola I. O. (2021). Urban Elderly's Nutritional Status as Influenced by Topical Issues such as Physical Activity and Energy Expenditure. *Nigerian Journal of Nutritional Sciences*. 42 (1): 93-100.

**ii. Papers in Refereed Conference Proceedings**

4.     **John E. P.** and Arowolo A. B (2015). Food Consumption Pattern of Elderly's in Abeokuta South Local Government of Ogun State. *Conference Proceedings of the 44<sup>th</sup> National Workshop / Scientific Conference and Annual General Meeting of Institute of Dietetics in Nigeria*. Page 56-57.

5.     **John E. P.**, Olayiwola I. O., Onabanjo O. O and Eni-Olorunda T. (2019). Association Between Nutritional Status and Presence of Metabolic Syndrome among Primary Healthcare Workers in Two Selected Local Government Areas of Ogun State, Nigeria. *Conference Proceedings of the 49<sup>th</sup> Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria*: Pages 111-112.

6.     Adebusoye M. S and **John E. P** (2020). COVID - 19 and Immunity- Can Consumer Knowledge and Perception about Herbs and Spices Play a Role? *Conference Proceedings of the 50<sup>th</sup> Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria*: Pages 129-130.

7. Adebusoye M. S and **John E. P** (2020). Effects of Socio-demographic Characteristics on the Consumption Pattern of Snacks among Young Adults in Bauchi State. *Conference Proceedings of the 50<sup>th</sup> Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria*: Pages 106-108.
8. Olayiwola I. O., Adedokun V. M and **John E. P** (2020). Proximate Composition and Acceptability of Cookies made from Tiger Nut Flour (cyperus esculentus). *Conference Proceedings of the 50<sup>th</sup> Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria*: Pages 104-106.
9. Olayiwola I. O., Agoro A.A and **John E. P** (2020). Comparative Study on the Proximate Composition of Indigenous Sweet Potato and Orange Fleshed Sweet Potato (Ipomoea Batatas) in Abeokuta Metropolis. *Conference Proceedings of the 50<sup>th</sup> Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria*: Pages 71-72.

## **12. MAJOR CONFERENCE ATTENDED WITH PAPERS READ**

- a. NSN: 51<sup>st</sup> Annual General Meeting and Scientific Conference of the Nutrition Society of Nigeria on Promoting Healthy Diets Through Food Systems Transformation (19<sup>th</sup> - 24<sup>th</sup> September, 2021).

**Paper Read 1:** Evaluation of Glycemic Index of Orange Fleshed Sweet Potato and Indigenous Sweet Potato (*Ipomoea batatas*) Commonly Consumed Abeokuta Metropolis, Ogun State, Nigeria.

**Paper Read 2:** Assessment of Available Food Items in Home Food Environment Among Undergraduates in University of Lagos, Nigeria.

- b. NSN: 49th Annual General Meeting and Scientific Conference of Nutrition Society of Nigeria on Promotion of Sustainable Development: Current Trends and Innovations? (September 10-13rd, 2019).

**Paper Read:** Association Between Nutritional Status and Presence of Metabolic Syndrome among Primary Healthcare Workers in Two Selected Local Government Areas of Ogun State, Nigeria.

- c. NSN: 48th Annual General Meeting and Scientific Conference of Nutrition Society of Nigeria Nutritional Challenges- What Actions for Sustainable Development? (2018).

**Paper Read:** Assessment of Nutritional Status and Some Selected Risk Factors of Cardiovascular Disease.

- d. NSN: 47th Annual General Meeting and Scientific Conference of Nutrition Society of Nigeria- Controversies in Nutrition-Separating Facts from Fads and Fallacies (2017).

**Paper Read:** Elderly Physical Activity, Energy Expenditure and Nutritional Status in Urban Areas of Abeokuta South Local Government of Ogun State, Nigeria.

- e. 44<sup>th</sup> National Workshop / Scientific Conference and Annual General Meeting of Institute of Dietetics in Nigeria on Risk Factors of Renal Failure and Dietary Intervention. Ogun State 2015.

**Paper Read:** Food Consumption Patterns of Elderly's in Abeokuta South Local Government of Ogun State.

**13. INFORMATION ON FELLOWSHIP, MASTER'S PROJECT AND**

**PH.D. THESIS SUPERVISED:** Nil

**14. EXTRA CURRICULA ACTIVITIES**

- (i) Reading
- (ii) Traveling
- (iii) Listening to music
- (iv) Playing long tennis

**15. REFEREES**

- 1). Prof. (Mrs) I. O. Olayiwola  
Nutrition and Dietetics Department,  
Federal University of Agriculture, Abeokuta.  
08037122280, 07083629282
  
- 2). Prof. O. O. Onabanjo  
Department of Nutrition and Dietetics,  
Federal University of Agriculture, Abeokuta.  
08034054644
  
- 3). Dr. Akinsanya Otuyalo  
Director for Primary Healthcare,  
Abeokuta South Local Government, Ogun State.  
08110771417, 08028285249

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Signature

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Date