

1. ARIYO Motunrayo Adijat / Senior Lecturer

2. Abridged Profile

Motunrayo Ariyo is a Counselling Psychologist and Senior Lecturer in Child Development and Family Studies unit, Department of Home Science and Management, Federal University of Agriculture, Abeokuta. Ariyo obtained her Doctoral degree in Counselling Psychology at the University of Ibadan in Nigeria.

She joined the services of the University on 5th September, 2003 as Assistant Lecturer and rose to the rank of Senior Lecturer on 1st October, 2014. She has twenty-three (23) articles, nineteen (19) of which are published in reputable local and foreign journals. She teaches and supervises undergraduate and postgraduate students. She has successfully supervised over hundred (100) undergraduate students' projects and six (6) dissertations. Currently, she is a Major Supervisor for one (1) Ph.D. and three (3) Master Students.

She has also rendered valuable services at both Departmental and University levels such as; member Postgraduate committee of COLFHEC (2011-2014), Postgraduate Departmental co-ordinator (2010-2014), Member, Research development committee COLFHEC (2009-2014), Member, Admission committee, FUNAAB (2007-2011). Dr. (Mrs) Ariyo is a competent and hardworking lecturer who is committed to duties and responsibilities. Her research has contributed to the capacity development in Child Development and Family Studies as a Counselling Psychologist for parents and adolescents. As a scholar, she has attended several training programmes and conferences. Furthermore, she is very versatile in Guidance and Counselling with respect to Women, Adolescents and Children.

She is a member of the Nigerian Society for Educational Psychologist (NISEP), Counselling Association of Nigeria (CASSON), Family and Consumer Sciences of Nigeria (FACSSON), Nigeria Association of University Women (NAUW), Canadian Psychological Association (CPA) and International Federation of University Women (IFUW).

3. arivoma@funaab.edu.ng

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CURRICULUM VITAE

01. PERSONAL

- | | |
|------------------------------|------------------------------------|
| (i) Name: | ARIYO Adijat Motunrayo (Nee Sadiq) |
| (ii) Date of Birth: | November 28, 1960 |
| (iii) Place of birth: | Ibadan |

- (iv) **Age:** 60 years
- (v) **Sex:** Female
- (vi) **Marital Status:** Married
- (vii) **Nationality:** Nigerian
- (viii) **Town and State of Origin:** Ibadan Oyo State
- (ix) **Contact Address:** Dept. of Home Science and Management,
Federal University of Agriculture, P.M.B 2240,
Sapon, Abeokuta, Ogun State, Nigeria.
- (x) **Phone Number:** +234(0)8034277955
- (xi) **Email Address:** motunrayoariyo@yahoo.com
- (xii) **Present Post and Salary:** Senior Lecturer, CONUASS 5, Step 5,
₦ 3,560,973:00 per annum
- (xii) **Post on Promotion:** Reader (Counselling Psychology)

02. EDUCATIONAL BACKGROUND

(i) Educational Institutions Attended (with dates)

Institutions	Dates
(a) University of Ibadan, Ibadan, Nigeria	1998-2003
(b) University of Ibadan, Ibadan, Nigeria	1986-1987
(c) University of Ibadan, Ibadan, Nigeria	1982-1985
(d) The Polytechnic, Ibadan, Nigeria	1980-1982
(e) Iseyin District Grammar School, Iseyin, Oyo North, Nigeria	1974-1979

(ii) Academic and Professional Qualification (with dates)

Qualifications	Dates
(a) Ph.D. Counselling Psychology	2003
(b) M.Ed. Guidance and Counselling	1987
(c) B.Ed. Education in Guidance Counselling	1985

(d) W.A S.C. A/Level 1982

(e) W.A.S.C O/Level 1979

(iii) Prizes, Honours, Scholarship, National and International Recognition

(a) Best Corper, Kaduna State NYSC Secretariat Kaduna State, Nigeria September 1986

(b) Best Corper of the Year, Command Secondary School, Kaduna 1985-1986.

(c) Award for Excellent Service, NAUW, University of Agriculture, Abeokuta Chapter, 2012.

03. WORK EXPERIENCE

(a) Academic Experience

Employer	Designation	Nature of duty	Date
Federal University of Agriculture, Abeokuta	Senior Lecturer	Teaching, Research and Extension Services	2014-Date
Federal University of Agriculture, Abeokuta.	Lecturer1	Teaching, Research and Extension Service	2006-2014
Federal University of Agriculture, Abeokuta.	Lecturer II	Teaching Research and Extension Services	2003-2006
Federal University of Agriculture, Abeokuta.	Assistant Lecturer	Teaching Research and Extension Service	2003

University Teaching (Undergraduate Courses)

Sessions: 2016/ 2017, 2017/2018 and 2018/2019

Course Code	Unit	No of Students 2016/2017	No of Lecturers	% of Contribution	No of Students 2017/2018	No of Lecturers	% of Contribution	No of Students 2018/2019	No of Lecturers	% of Contribution
HSM 204	2	45	2	50	105	2	50	91	2	50
HSM 300	6	82	10	12	72	10	10	68	12	10
HSM 302	3	82	10	12	72	10	10	68	12	10
HSM 304	4	82	10	12	72	10	10	68	12	10
HSM 306	3	82	10	12	72	10	10	68	12	10
HSM 309	2	90	2	50	48	2	50	68	2	50
HSM 497	1	80	13	16	80	15	19	50	13	26
HSM 498	1	80	13	16	80	15	19	50	13	26
HSM 499	4	2	1	100	4	1	100	3	1	100

University Teaching (Post-Graduate Courses)

Session: 2016/2017 2017/2018 and 2018/2019 sessions

Course Code	Unit	No of Students		No of Students		% of contribution	No of Students		% of contribution
		2016/2017	No of Lecturers	2017/2018	No of Lecturers		2018/2019	No of Lecturers	
HSM 829	3	7	1	7	1	100	6	1	100
HSM 831	3	7	1	7	1	100	9	1	100
HSM 899	6	2	3	2	3	33	2	3	33

(b) Professional/Research Experience

Employer	Designation	Nature of duty	Date
Trans International Bank Plc, Ibadan	From Executive Trainee through the rank of a Senior Manger	Cash Officer, Ensuring arithmetical Accuracy of Daily transaction, Marketing for and retaining customers for the Bank Credit Analyst, Branch Operations, Resident Inspector, the position I held until I voluntarily resigned to complete my Ph. D.	1988-2001
Great Nigeria Insurance Company Plc, Ibadan	Assistant Public Relations Manager	Image maker for the Organization, Placing promotional slogans on Media and Afro media, Obtaining Visa for our Management staff whenever the need arise and any other assignment given by my immediate boos	March 1988 to Sept. 1988

Employer	Designation	Nature of duty	Date
College of Education, Ikere Ekiti (CAC Grammar school, Aperin, Ibadan Center)	Part Time Lecturer	Development Psychology and Psychology of Learning	March 1988
Command Secondary School. Kakuri, Kaduna State	Youth Corp Member	School Counsellor, Organising Workshop on Stress Management Group Counselling to meet students and teachers academic and teaching needs. Counselling Students for Good Conducts and enhanced study habits	1985-1986
The Polytechnic, Ibadan, Oyo State	Clerical Officer	Filling attending to the faculty students academic complaints and passing the ones I cannot solve to Faculty officer	1979 – 1980

04. SPECIAL ASSIGNMENTS/COMMUNITY SERVICE

- i. Course Adviser, Home Science and Management 300 level Students, 2015-2017
- ii. Reverend, Methodist Church of Nigeria, Cathedral of Light, Agodi, Ibadan Nigeria, 2014- Date.
- iii. Treasurer, Zonta International, District 18, Area 3. Ibadan, Nigeria. 1998 - Date
- iv. Course Adviser, Home Science and Management 400 level Students, 2017-till date.
- v. Chairman, LOC 3rd Conference of Family and Consumers Science of Nigeria, June, 2014.
- vi. Resource Person, orientation for new students organised by Counselling Unit, FUNAAB, 2004 - 2014
- vii. Member, Postgraduate Committee of COLFHEC, 2011-2014
- viii. Member, Post Graduate seminar Committee, COLFHEC, 2010 – 2014
- ix. Coordinator, Department Postgraduate Programme 2010- 2014
- x. Member, Research Development Committee in COLFHEC, 2009-2014
- xi. Member, College 25th Anniversary Committee, 2013
- xii. COLFHEC Representative, Promotion Committee of COLVET, 2011-2013

- xiii. Member, Users Committee of UNAAB Staff School Building, 2011
- xiv. Alternate Chairman, Royal Greens Guest House FUNAAB, 2008-June 2012
- xv. Chairperson, User Committee on Floral Beatification of UNAAB Main Gate and Royal Guest House, 2008
- xvi. Member, Admissions' committee,-Federal University of Agriculture Abeokuta, 2007-2011
- xvii. National Project Coordinator, Nigeria Association of University Women (NAUW), 2005-2011
- xviii. Voluntary Counsellor, HIV/AIDS (2005-2006) in conjunction with USG/Presidents Emergency Plan for AIDS Relief (PEPFAR) HIV/AIDS Project, Sept.30th – 7th Oct. 2005.
- xix. Coordinator, management of NAUW Crèche in FUNAAB, 2004-2011.
- xx. President, Nigeria Association of University Women (NAUW) University of Agriculture, Abeokuta Chapter, 2004-2011
- xxi. Member, UNAAB Staff School Board, 2004-2005
- xxii. Member, Interview Panel on Regularization of the appointment of some Teachers in the Staff School, 2004
- xxiii. Coordinator, Undergraduate Seminar in Home Science and Management Department, UNAAB, 2003 – 2009.

05. TRAINING PROGRAMME ATTENDED (with dates)

- i. Fund Sourcing, Proposal Writing and Project Management (2012), 3rd -5th December 2012. Federal University of Agriculture Abeokuta.
- ii. Step-Down Training on Gender Mainstreaming, University of Agriculture, Abeokuta, 27 November, 2007.
- iii. Capacity Building Training on Voluntary Counselling and Testing of (VCT) Care and support for people living with HIV and AIDS (PL WHIAS), as a voluntary Counsellor-UNAAB in Conjunction with USG/President Emergency plan for AIDS Relief (PERSAR) HIV/AIDS projects

06. COMMENDATIONS

- i. Letter of Appreciation dated June 27, 2014 signed by the University Registrar on behalf of the Vice-Chancellor, Professor Olusola Bandele Oyewole for the excellent performance, level of dedication and selfless during the convocation exhibition 2014.
- ii. Commendation letter from the former Vice-Chancellor, Professor Oluwafemi Olaiya Balogun for a job well done as a member, Admissions' Committee in the thoroughness and transparency of members in the handling of the 2010/2011 Admissions exercise, October 14, 2010.
- iii. A letter of commendation from the Vice-Chancellor, Professor Israel Adu dated 14 April 2004 Commended me for accepting to teach and mark the scripts of all the courses as well as supervised all final year students assigned to Mrs. M.S. Bandipo during the period when she was ill and admitted for total hip replacement operations.

07. MEMBERSHIP OF PROFESSIONAL BODIES

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- i. Member, The Nigeria Society for Educational Psychologist (NISEP) 2005 to Date
- ii. Member, Counselling Association of Nigeria (CASSON) 1986 to Date
- iii. Member, Family and Consumer Sciences of Nigeria (FACSSON) 2012 to Date
- iv. Member, Nigeria Association of University Women (NAUW) 2003 to Date
- v. Member, Canadian Psychological Association (CPA) 2008 to Date
- vi. Member, International Federation of University Women (IFUW) 2003 to Date

08. RESEARCH INTEREST OR COMMISSIONED PROJECTS

i. Research Completed:

1. Counselling especially women, adolescent and children in the area of sustainable family and communal relationship for good health and well-being

ii. Research in Progress:

1. Parent-Adolescent Communication and sexual risk behaviours among Secondary School Students in Abeokuta South Local Government, Ogun State.
2. Long distance relationship and its effects on marital sustainability among couples in Ogun State.

09. PUBLICATIONS

(a). Thesis, Dissertation and Project:

1. **Sadiq, A.M. (2003)**. Enhancing Marital competence of Selected Professional Women Bankers Through Reflective Skills and Taoist Conflict Resolution Technique (Ph.D. Thesis). University of Ibadan.
2. **Sadiq, A.M. (1987)**. Functions of Personnel Managers in Some Nigerian Industrial Establishments (M.Ed. Dissertation), University of Ibadan.
3. **Sadiq, A.M. (1985)**. Home Background and Pupils' Behaviour Problems in Schools. (B.Ed. Project), University of Ibadan.

(b). Journal Articles in Print

1. Ariyo, A.M., Sotayo, O.M., **Olurin, T.K** and Eni-Olorunda, J.T. (2020). Sexual Communication between Parents and Adolescents: Perception of Secondary School Students in Abeokuta, Ogun State, Nigeria. *Mediterranean Journal of Social Sciences* 11(4), 112 -121. A Scopus-indexed Journal Published by Richtmann, United Kingdom. DOI: <https://doi.org/10.36941/mjss-2020-0046>
2. **Ariyo, A. M.**, Adeboye, A. O. and Tanimowo, A. A. (2019): Prevalence and Care Practices of Epileptic Seizure among Children in Orphan and Vulnerable Children Homes in Abeokuta. *Journal of Home Economics Research* (JHER) 26(2): 158-166. Published by Home Economics Research Association of Nigeria.
3. Olurin, T.K., **Ariyo, A.M.** and Adubi, K.O. (2019): Responsibilities, Challenges and Coping Mechanisms of Married Individuals in Tertiary Institutions of Odeda Local Government Area, Ogun State. *Journal of Home Economics Research* 26(2): 102-110. Published by Home Economics Research Association of Nigeria.
4. **Ariyo, A. M** and Aribisala, T.M. (2018): Analysis of Parent – Teenager's Communication on Sex Education among Selected Parents in Abeokuta, Ogun state,

- Nigeria. *Journal of Humanities, Social Science and Creative Arts* 13(1): 111-118. Published by FUNAAB Journal of Humanities, Social Science and Creative Arts.
5. **Ariyo, A. M.**, Osunbayo, D. I., Eni-Olorunda, J.T. and Afolabi, W. A. O. (2018): Perception on Dating, Courtship and marriage among Undergraduates in Federal Tertiary Institutions in Ogun State. *Journal of Humanities, Social Science and Creative Arts* 13(1): 142-152. Published by FUNAAB Journal of Humanities, Social Science and Creative Arts.
 6. **Ariyo, A. M.** and Adesanya, A.A. (2018): Undergraduates' Perception and Attitudes towards Prostitution. Published by *Ife Journal of Theory and Research in Education (IJOTRE)*, 19(2): 166-174. Published by Institute of Education, Obafemi Awolowo University, Ife, Nigeria.
 7. **Ariyo, A. M.**, Olurin, T.K., Eni-Olorunda, J. T. and Patrick, O. (2018): Psychosocial Well-being of Vulnerable Adolescents in Orphanages in Abeokuta Metropolis. *Journal of Special Education* 16: 25-35. Published by the Department of Special Education, University of Ibadan, Nigeria.
 8. Eni-Olorunda, J.T., **Ariyo, A.M.** and Lasode, A.O. (2017): Influence of the Presence of a Child with Intellectual Disability on Marital Stability in South-West Nigeria. *African Journal for the Psychological study of Social Issues* 18(1): 37- 46. Published by the African Society for the Psychological Study of Social Issues, c/o Department of Psychology, University of Ibadan, Nigeria.
 9. Afolabi, W.A.O., Ayenigba, B., Onabanjo, O.O., Sanni, S.A. and **Ariyo, A.M.** (2014): Socio-Demographic Determinants of Paternal Centred Child Care Practices and Under-three Children Malnutrition in Peri-urban Communities in South West Nigeria. *Nigerian Journal of Nutritional Sciences* 35 (1): 9-14. Published by Nutrition Society of Nigeria.
 10. Oladeji D. and **Ariyo, A.M.** (2014): Socio-Economic Factors Influencing Mate Selection among Adolescents of Reproductive Age in Nigeria. *Gender and Behavior*, 12(1): 6145 - 6155. Published by Ife Centre for Psychological Studies and The Network of Psychological Studies of Women Issues, c/o Department of Psychology, University of Ibadan, Ibadan, Nigeria.
 11. Abiodun, M. Gesinde., Gbadebo, O. Adejumo. and **Ariyo, A. Motunrayo.** (2013): Self Reported Psychosexual Lifestyles of University Students in Southwestern Nigeria: Implication for Professional Counseling Practice. *Journals of Human Social Sciences*, 13(3): 1-9. Published by Association of Research Society, United States of America.
 12. **Ariyo, A. M.** (2013): Pre-marital Cohabitation Factors: Evidence from Nigeria. *Psychology and Social Behavior Research*. 1(4): 128-13. Published by publons.com/journal/, Netherlands.

13. **Ariyo, A. M.** (2013): Parental Management of Adolescents' Rebellious Behaviors-Implication for Counselling. *International Journal of Family and Consumer Sciences*, 2(2): 5-15. Published by Family and Consumer Sciences Society of Nigeria.
14. **Ariyo, A. M.** (2012): Parents Attachment as Correlates of Children's Self-esteem in Abeokuta South West, Nigeria *Ife Journal of Theory and Research in Educational*, 14(2): 61-72. Published by Institute of Education, Obafemi Awolowo University, Ife, Nigeria.
15. **Ariyo, A. M.** (2012): An Empirical Investigation of the Relationship between Cohabitation and Marital Stability in Lagos State, *African Journal for the Psychological Study of Social Issues*, 15(2): 380-392. Published by African Society of the Psychological Study of Social Issues. c/o Department of Psychology, University of Ibadan, Nigeria
16. **Ariyo, A. M** and David Oladeji (2012): Parents' Socio-Economic Status on the Academic Performance of Selected Undergraduate Students in Ogun State Nigeria *Journal of Applied Education and Vocational Research*, 10(1): 92-111 published by College of Applied Education and Vocational Technology, Tai Solarin University of Education, Ijebu-Ode, Nigeria.
17. **Ariyo, A. M** and David Oladeji. (2011): Family involvement, School Factors and Peer's Influence as Determinants of Academic Performances among the Undergraduates in selected Tertiary Institutions in Nigeria. *Africa Journal for the Study of Educational Issues*, 6 (1): 134-146. Published by University of Cape Coast, Accra, Ghana.
18. **Ariyo, A.M.** (2006): Causes of Nature of Use and Abuse of Under-Aged House Helps: Evidence. *Africa Journal for the Psychological Study of Social Issues* 9(2): 201-216. Published by African Society of the Psychological Study of Social Issues. c/o Department of Psychology, University of Ibadan, Nigeria.
19. **Ariyo A. M.** (2004): Poverty and Female Adolescent's Promiscuity in Selected Urban and Rural Secondary Schools in Ibadan, Oyo State. *Nigeria Journal of Applied Psychology*, 8(1): 181-194. Published by Department of Guidance and Counseling, University of Ibadan, Nigeria.
20. **Ariyo, A.M.** (2001): Empowering Women for National Development Africa. *Journal of Cross Cultural Psychology and Sports Facilitations*, 3: 70-72. Published by Association of Educational Researchers, University of Ibadan, Nigeria.

*** Publications since last promotion**

10. MAJOR CONFERENCES ATTENDED WITH PAPERS READ

1. 7th Annual National Conference (2018). Sustainable National Development: Role of Consumer Sciences. Family and Consumer Sciences Society of Nigeria (FACSSON) Obafemi Awolowo University, Ile-Ife, 6th - 10th November 2018 (Paper read) – Life of empty nesters in Ilaro, Ogun State, Nigeria.
2. The 19th Annual International Conference (2018). Evolving Options for Sustainable Family Wellbeing amid Socio Economic Changes and Challenges/ Multi-Disciplinary and Trans-Disciplinary Perspectives and Imperatives. Home Economics Research Association of Nigeria (HERAN) at Faculty of Education Auditorium, University of Lagos, Akoka, Yaba, Lagos State, 19-22 September 2018 Obafemi Awolowo University, Ile-Ife Nigeria (Paper read) – Prevalence and Management Practices of Epileptic Seizure Among Orphans in Vulnerable Children Homes in Abeokuta, Nigeria.
3. Ghana Home-Economics Association Biennial Conference (2017). Home - Economics for Sustainable Job Creation and Healthy Life-Style in Africa. 27th -28th July, 2017. University of Ghana, Legon (Paper read) – Family-work balance and coping factors among married women and men in selected tertiary institution in Odeda Local Government, Ogun State.
4. Third Annual National Conferences (2014). Innovation and Sustainability through Family and Consumer Sciences Family and Consumer Sciences Societies of Nigeria (FACSSON) Federal University of Agriculture (FUNAAB), Abeokuta. 26th-28th June 2014 (Co-Authored Paper read and Submitted for Publication) Psychosocial Factors Affecting Attitudes and Practices of Child Nutrition among Women in Ibadan Metropolis, Nigeria.
5. Second Annual National Conferences (2012). Issue and Challenges in Family Development in the 21st Century The Role of Consumer Sciences. Family and Consumer Sciences Society of Nigeria (FACSSON) University of Uyo, Uyo 12-16 November 2012 (Paper read and published) – Parental Management of Adolescents Rebellious Behaviors; Implication for Counselling Vol. 2(2) 5-15.
6. First Annual National Conferences (2011). Stemming the Tides of Mass Unemployment in Developing Countries: The Role of Consumer Sciences. Family and Consumers Sciences Society of Nigeria (FACSSON) 7-11 November 2011 Obafemi Awolowo University, Ile Ife Nigeria (Paper read and published) – Mothers Anger on Teenagers Psychological Behaviors – Selected Teenagers Perception.
7. Zonta 59th Conferences (2008). End Violence against Women Worldwide- June 27- July 2, 2008 in Dolen, Rotterdam, Netherlands.

8. Carnegie Partnership National Seminar (2006). “Emerging Gender Issues and the Development of Gender Policies for Nigeria Universities” Held at University of Jos from 20-21 April 2006. Paper Presented: Gender Empowerment within the University Set-up.

11. INFORMATION ON FELLOWSHIP, MASTER’S PROJECTS AND PH. D THESIS SUPERVISED

Title of Thesis/Dissertation	Name of Students	Date/ Year of Commencement	Completed/ on-going (Anticipated date of Completion)	Sole/ Collaborative Supervision
Marital Expectations of Adolescents in Tertiary Universities in Ogun State	Osunbayo, D. S.	2019	Ongoing (Ph.D.)	Major
Knowledge and attitude of Nursing mothers towards immunization in Odeda Local Government, Ogun State	Ajayi, Ibukun	2019	Ongoing (M.Sc.)	Major
Tradition and Contemporary roles of Family members in the care of the Elder in Oyo State.	Adelakun, M. A.	2019	Ongoing (Ph.D.)	Major
Perception on Dating, Courtship and Choice of marriage partners among Undergraduates in Federal Tertiary Institutions in Ogun State.	Osunbayo, Damilola Ikijeme	2013	Completed (M.Sc.)	Major
Long distance relationship and its effects on marital sustainability among couples in Ogun State.	Alabi, Morufat	2013	Ongoing (M. Sc.)	Major

Title of Thesis/Dissertation	Name of Students	Date/ Year of Commencement	Completed/ on-going (Anticipated date of Completion)	Sole/ Collaborative Supervision
Gender Perspective of the Influence of Family Background on Life Outcomes of University Students in Ogun State.		Ariyo, M. M.	2013	Completed (M.Sc.) Major
Influence of Work –Family Conflict on Inter-role Satisfaction of Dual Career Men and Women in Ogun State: A Gender Perspective.		Jolaoso, O.J	2013	Ongoing (M. Sc.) Major
An Investigation into the Effectiveness of Reading Culture Among Primary School Age Children.		Adebimpe, Mariam Folashade	2012/2013 session	Completed (M. Sc.) Major
Impact of Work Responsibility on Marital Adjustment of Selected Career Women.		Bankole, Oludele Aduke	2011/2012 session	Completed (M. Sc.) Major Supervisor
Assessment of Parents Adolescent Communication on Sexuality in Abeokuta, Nigeria.		Enikuomehin, Idowu Olujumoke	2007/2008 session	Completed (M. Sc.) Co-Supervisor
Assessment of Household Bleaches as Discharge Agents on Dyed Cotton Fabrics in Lagos and Ogun State.		Adeboye, Adebisi Oladipupo	2001/2002	Completed (M. Sc.) Co-Supervisor

12. EXTRA CURRICULA ACTIVITIES

- i. Play Table Tennis
- ii. Counselling and Mentoring Students

REFEREES

1. Professor W.A.O. Afolabi

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3. Professor Tolu Eni-Olorunda

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